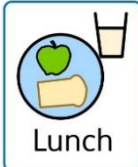


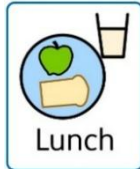
EXAMPLE GROWING INDEPENDENCE

Day 1. Welcome to Magdalen Farm

Arrive at 1pm  Arrive  Health and Safety  Lunch	Welcome and Staying Safe You've arrived! Meet Magdalen leaders and learn how to stay safe while having fun and levelling up your skills. Lunch Enjoy your packed lunch from home. Discover Your Room Find your room and get ready for adventure!
Afternoon  Cookery  Gardening Jobs	Cookery (group 1) Lucy will help you create a delicious supper for this evening.
	Vegetable Garden (group 2) Get stuck in and become a garden hero! Help with important everyday jobs to keep vegetables growing, healthy and thriving.
 Animal Care	Animal Care Enjoy caring for the farm animals.
 Cookery  Laundry	Cookery (group 1) Continue with preparation for supper.
	Laundry (group 2) Kathy and Mel will help you use the washing machines, tumble driers and drying racks.
6pm  Supper	Supper Delicious homemade food by Magdalen cooks.

After Supper  Cleaning and Tidying	Cleaning and Tidying Clearing away from supper
 Free Time & Relaxing	Free Time Enjoy fun activities and spend time with each other.

Day 2. Full day at Magdalen

8am  Breakfast	Breakfast Delicious homemade food from Magdalen kitchens.
Morning  Cleaning and Tidying	Cleaning and Tidying Make sure bedrooms and bathrooms are clean and tidy at the start of the day.
 Animal Care	Animal Care Champions Get stuck in and discover how to keep farm animals happy and healthy the organic way!     
 Teamwork Games	Mission: Low Ropes Challenge Everyone has a superpower! Your skills make a team stronger. Can your team succeed at tackling fun challenges that are up to 1 metre off the ground?
 Lunch	Lunch Make your own sandwiches for lunch.
Afternoon  Cookery	Cookery (group 2) Lucy will help you create a delicious dinner for this evening.
 Gardening Jobs	Vegetable Garden (group 1) Get stuck in and become a garden hero! Help with important everyday jobs to keep vegetables growing, healthy and thriving.

 Animal Care	Animal Care Champions (optional) The farm animals need feeding twice a day.
 Cookery  Laundry	Cookery (group 2) Continue with preparation for supper.
	Laundry (group 1) Kathy and Mel will help you use the washing machines, tumble driers and drying racks.
6pm  Supper	Supper Delicious homemade food by Magdalen cooks.
After Dinner  Cleaning and Tidying	Cleaning and Tidying Clearing away from supper.
Evening  Camp Fire	Campfire Gather around the campfire to celebrate your success and friendships.
 Free Time & Relaxing	Free Time Enjoy fun activities and spend time with each other.

Day 3. Final Morning at Magdalen	
8am 	Breakfast Delicious homemade food from Magdalen kitchens.
Morning 	Operation: Pack Up! Make sure your bedrooms are completely empty and everything is packed away before you head off to your next activity.
	Cleaning and Tidying Make sure bedrooms and bathrooms are clean and tidy at the start of the day.
	Eco Artists Get creative with nature's treasures and recycled materials! Make amazing one-of-a-kind masterpieces to take home!
 	Lunch Sustainable Chefs: Pizza and Smoothie Treat Delicious, fun and eco-friendly! Use pedal power, renewable energy (wood) and fresh food to make a fabulous treat that's also sustainable.
12:45pm  	Heading Home Thank you for staying with us! We hope you had an amazing time, learnt some skills and made some friends.

Snack breaks are provided and dietary requirements are catered for. There are water stations for when you are out and about and outdoor toilets, too. We have accessible buildings, a gold standard 'Changing Place', a network of grided pathways and 3 all-terrain buggies for those who cannot access the farm on foot. We can provide waterproofs and wellies and PPE should they be needed.

We are committed to inclusion and equality.